



## Recipe for trans-affirming care



1 heaping tablespoon of **self-determination**. For care that honors our autonomy and truths



1 generous cup of **respect**. Stirred gently into every policy and practice



A dash of correct **pronouns**. Because language, like care, should affirm who we are



A pinch of **joy**. To season healing with celebration, not just survival.



3 drops of **community wisdom**. Distilled from lived experiences, our most potent remedy.



A sprig of **accountability**. Garnished with a commitment to human rights, justice and change.

### Instructions:

Combine all ingredients at the table.

**Serve with dignity, compassion and without delay.**



**Support us in advancing equality  
for all, regardless of one's gender  
identity or expression.**



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